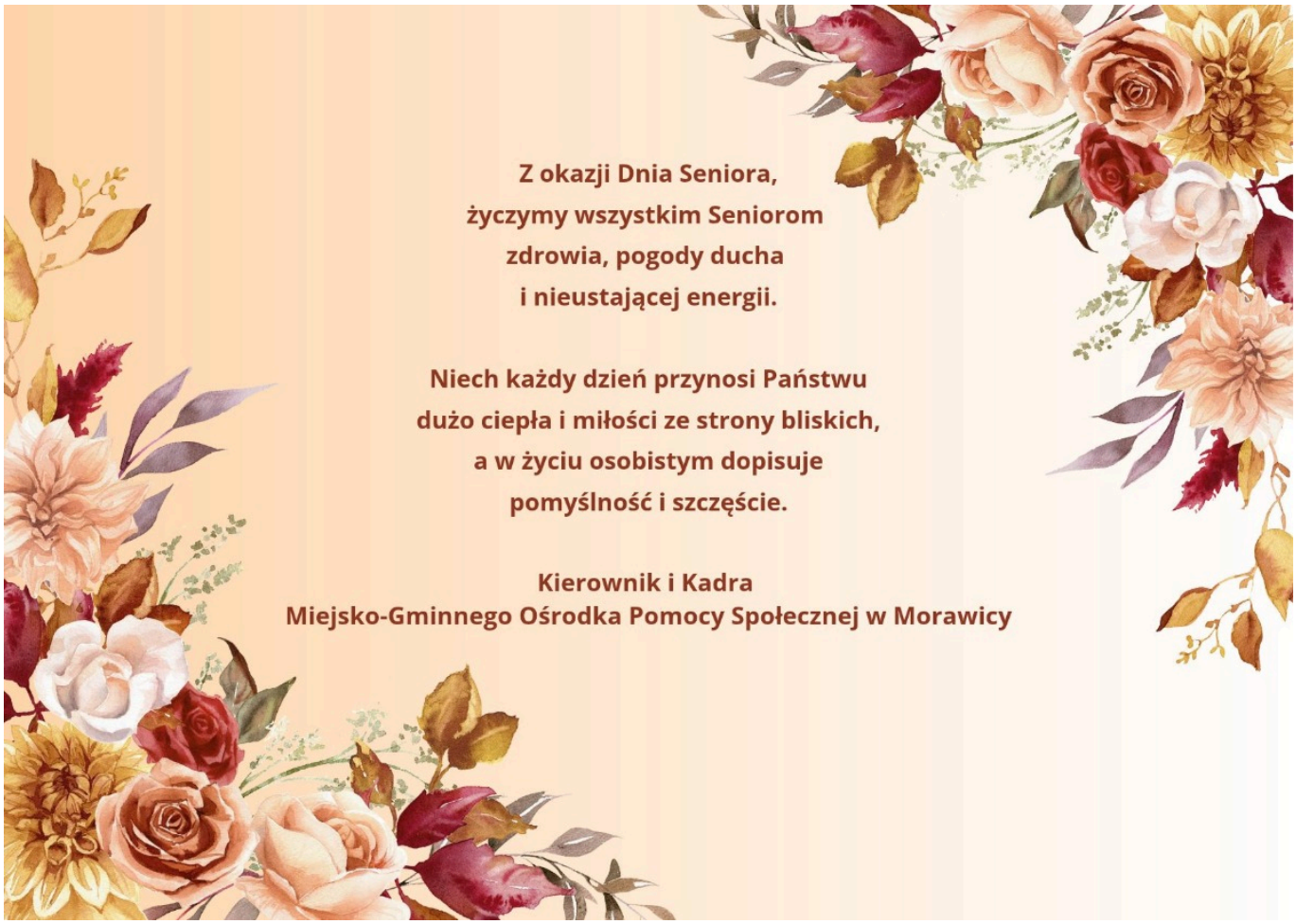Życzenia dla Seniorów